

# PARTICIPATION WITH EXCELLENCE



PARTICIPATION & ENJOYMENT **Year 7**

**Year 8** SKILL DEVELOPMENT & GAME CONFIDENCE

**Year 9** CONFIDENT LEADERS

HEALTHY & ACTIVE ROLE MODELS **Year 10**

**Year 11** SELF MOTIVATED & ENGAGED

HEALTHY & ACTIVE LIFESTYLE **Year 12**

HEALTHY & ACTIVE ONWARD JOURNEY **Year 13**

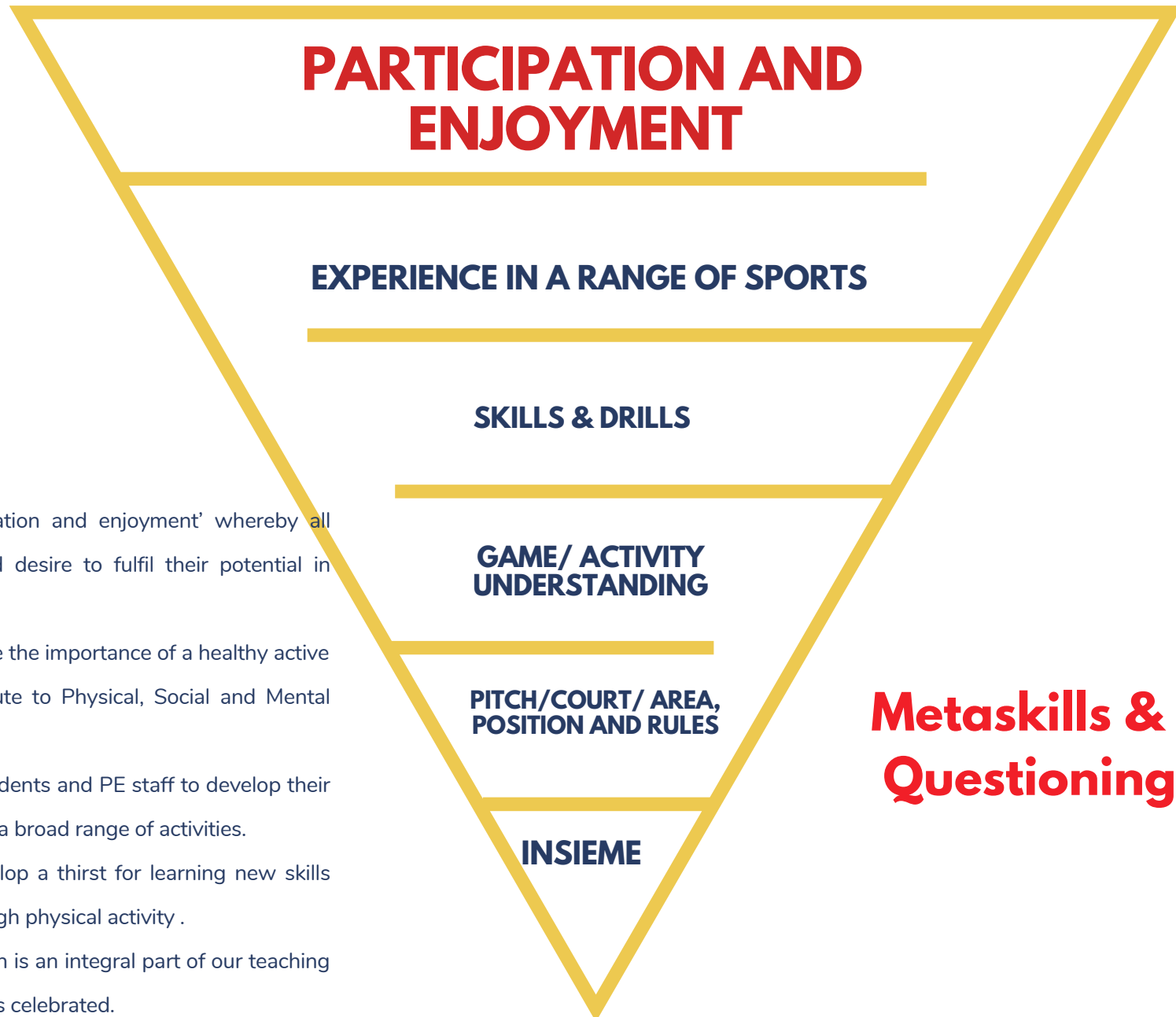
FINISH



# PARTICIPATION WITH EXCELLENCE

## YEAR 7 INTENT

- To create a culture of 'Participation and enjoyment' whereby all students develop a passion and desire to fulfil their potential in Physical activity.
- To ensure that students recognise the importance of a healthy active lifestyle and how it can contribute to Physical, Social and Mental wellbeing throughout their lives.
- To create opportunities for all students and PE staff to develop their knowledge and understanding in a broad range of activities.
- To ensure that all students develop a thirst for learning new skills and building their resilience through physical activity .
- To ensure that positive affirmation is an integral part of our teaching for all students and that success is celebrated.





# PARTICIPATION WITH EXCELLENCE

## YEAR 8 INTENT

- Students build upon their experience of Physical Education in year 7 by developing a deeper understanding of skills required in individual sports.
- Students advance their understanding of why rules and regulations affect participation and outcome in games and sports.
- Engaged students are becoming more confident to apply skills learned into competitive situations.
- To ensure that positive affirmation is an integral part of our teaching for all students and that success is celebrated.

**SKILL DEVELOPMENT AND  
CONFIDENCE**

**CONFIDENCE OF SKILL APPLICATION IN  
COMPETITION**

**BUILD ON PRIOR SKILLS LEARNED**

**SOCIAL AND EMOTIONAL  
DEVELOPMENT THROUGH  
SPORT**

**DEVELOPING  
TACTICAL  
AWARENESS**

**INSIEME**

**Metaskills &  
Questioning**



# YEAR 9 INTENT

- To build and develop upon prior knowledge of sports, skills and drills.
- Develop a greater level of confidence in leadership.
- To lead, create and develop a greater sense of purpose within lessons.
- Develop understanding of rules, regulations and different ideologies in sport.
- To ensure that positive affirmation is an integral part of our teaching for all students and that success is celebrated.

## PARTICIPATION WITH EXCELLENCE

### CONFIDENT LEADERS

Experience of leadership in sports

Developed rules, regulations and ideologies

Developed understanding of drills and skills

Talent Identification

INSIEME

Metaskills & Questioning

# PARTICIPATION WITH EXCELLENCE



## YEAR 10 INTENT

- To sustain engagement and participation levels from curriculum to core Physical Education
- Embed a positive leadership environment
- Encourage students to positively celebrate one another's successes.
- Students take on Sports ambassador roles and positively influence and guide younger pupils.
- To ensure that positive affirmation is an integral part of our teaching for all students and that success is celebrated.

### ACTIVE ROLE MODELS

**Model engagement in lessons**

**Role model positive behaviour for learning**

**Strong and confident opinions**

**Guide and assist younger pupils in clubs**

**INSIEME**

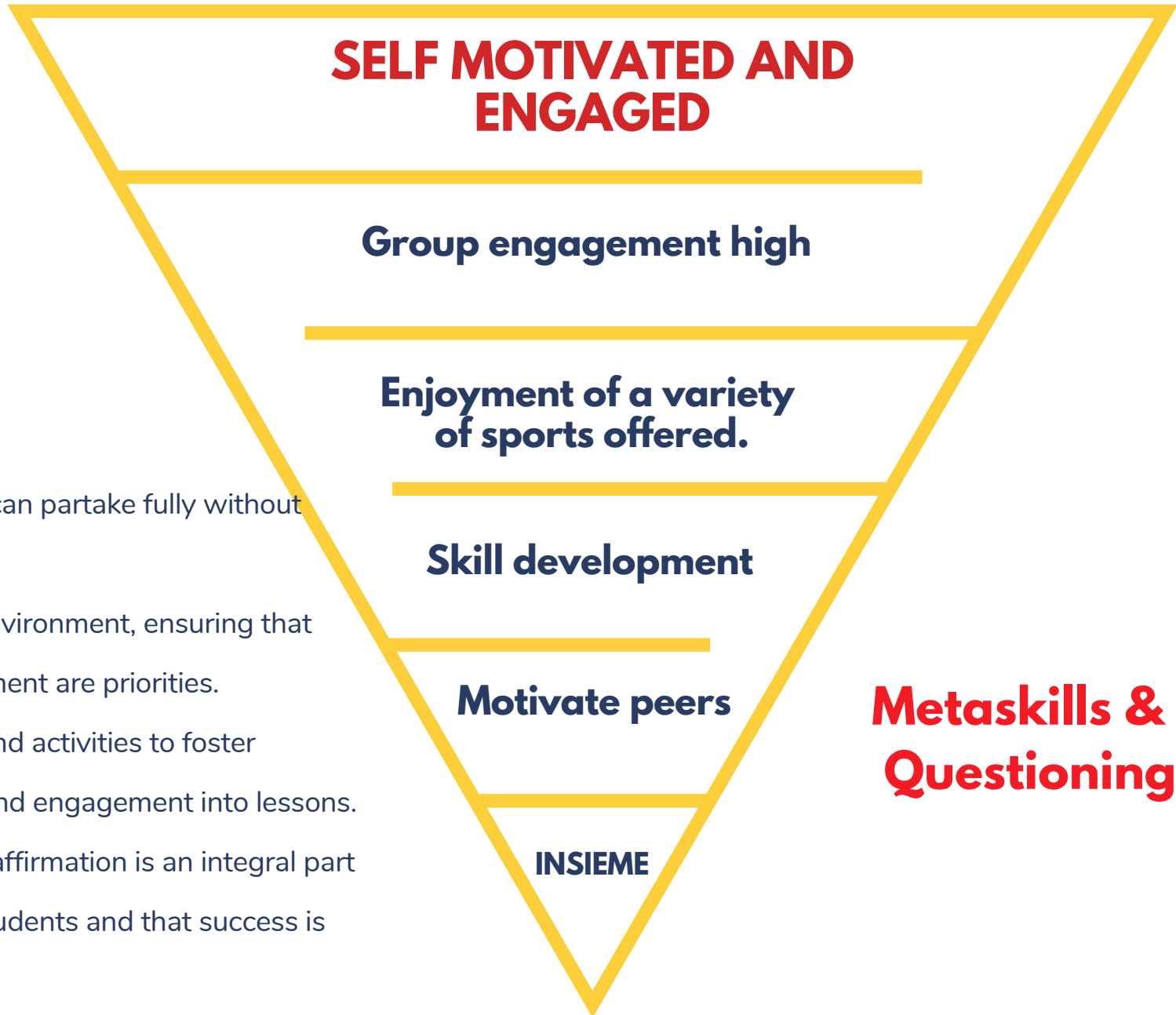
**Metaskills & Questioning**



# YEAR 11 INTENT

- Students feel that they can partake fully without judgement.
- Cultivate the learning environment, ensuring that fun, safety and engagement are priorities.
- Broad range of sports and activities to foster students commitment and engagement into lessons.
- To ensure that positive affirmation is an integral part of our teaching for all students and that success is celebrated.

## PARTICIPATION WITH EXCELLENCE





# PARTICIPATION WITH EXCELLENCE

## YEAR 12 INTENT

- To ensure that students recognise the importance of a healthy active lifestyle and how it can contribute to Physical, Social and Mental wellbeing throughout their lives.
- Active and regular discussions about Healthy active lifestyle and maintaining health and well being outside of learning.
- Embed the ethos of sport and health into engaging lessons.
- To ensure that positive affirmation is an integral part of our teaching for all students and that success is celebrated.

### HEALTHY ACTIVE LIFESTYLE

**Group engagement high**

**Positive mindset toward  
physical activity**

**Understand components  
of good health**

**Positive mental  
health**

**INSIEME**

**Metaskills &  
Questioning**



## YEAR 13 INTENT

- To ensure that students recognise the importance of a healthy active lifestyle beyond school hours.
- Embed discussions regarding fitness, health and mental wellbeing into engaging lessons.
- Deliver teaching of practical that allows students to engage and develop their skillset and reduce mental stresses.
- Challenge pupils in their understanding and feelings toward physical activity.
- To ensure that positive affirmation is an integral part of our teaching for all students and that success is celebrated.

### HEALTHY AND ACTIVE ONWARD JOURNEY

**Positive mindset toward  
physical activity**

**Guide toward sport or physical  
activity beyond school hours**

**Group engagement high**

**Understand  
components of  
good health**

**INSIEME**

**Metaskills &  
Questioning**