

LINKS

The following links will give you more information about possible courses and careers

www.ucas.com

www.bases.org.uk

www.uksport.gov.uk

www.careers-in-sport.co.uk

www.schoolapprenticeships.co.uk

www.skillsactive.com

www.cdet.org.uk

www.danceuk.org

www.young-dancers.org

www.dancing-times.co.uk

www.surrey.ac.uk/nrcd—national resource centre for dance

SKILLS

For any career and educational opportunities you may go for in the future, having good literacy and numeracy skills will be really important.

These other skills are ones that this subject will help to develop too.

Analysing and evaluating

Commitment and determination

Communication skills

Performance skills

Interpreting of information/theme

Attention to detail

Creative thinking

Team work

Collaboration

Spatial awareness

Understanding theories in practise

PHYSICALLY

Brentwood

Ursuline

Convent

High School



SUBJECTS

COURSES

CAREERS

LINKS

SUBJECTS

Physical Education

Dance

COURSES

PE can be studied in different degree subjects, to do with sport science or to do with Physical education, coaching or conditioning. You can also do practical courses, either to do with gym instructing/personal training or taking dance/gym sessions like Zumba. You can also undertake sports coaching awards. All national sporting bodies will have coaching levels you can work through, some degrees will have options to do these too. Sports massage is another possible option.

Sports science can be related to physiotherapy, nutrition and psychology too, which will need a different degree to be studied.

Dance can be done as a degree, or as part of musical theatre. There are instructing courses which lead into teaching in different settings.

CAREERS

PE Teacher
Dance Instructor
Gym Instructor
Personal Trainer
Military PT Instructor
Sports Marketing and Media
Sports Development Officer
Outdoors Activity Leader
Exercise psychologist
Researcher
Sports Scientist
Sports Management
Leisure Centre Manager
Sports Event Management
Sports Psychologist
Sports Nutritionist
Sports Biomechanics
Sports Physiotherapist
Sports Journalism
Lecturer
Performer
Dancer